

## Empire Lacrosse Annaul Varsity Winter League

Team #	Team Name	Team #	Team Name	Team #	Team Name
1	Bishop Chatard	5	Cathedral	9	North Central
2	Bloomington	6	Center Grove	10	Park Tudor
3	Brebeuf	7	HSE	11	Westfield
4	Carmel	8	Noblesville		

Time	6PM	7PM	7PM	8PM	8PM	
Field	2	1	2	1	2	BYE
<b>Week 1 - 11/8</b>	2v8	1v9	10v11	3v7	4v6	5
<b>Week 2 - 11/15</b>	4v10	3v11	6v8	1v2	5v9	7
<b>Week 3 - 11/22</b>	6v9	5v10	1v3	7v8	4v11	2
<b>Week 4 - 12/6</b>	3v8	4v7	5v6	1v10	2v9	11
<b>Week 5 - 12/13</b>	1v5	8v9	2v4	6v11	7v10	3
<b>Week 6 - 1/3</b>	9v11	2v7	3v6	4v5	1v8	10
<b>Week 7 - 1/10</b>	3v10	4v9	5v8	2v11	6v7	1
<b>Week 8 - 1/17</b>	7v5	1v11	2v10	4v8	3v9	6
<b>Week 9 - 1/24</b>	1v4	2v3	7v9	11v5	6v10	8
<b>Week 10 - 1/31</b>	2v6	8v11	9v10	1v7	3v5	4
<b>Week 11 - 2/14</b>	7v11	1v6	2v5	3v4	8v10	9

## **Rules:**

1. All Players MUST sign an Empire waiver. Waivers can be found at [www.empirelax.com](http://www.empirelax.com). No athlete will be permitted to play without a signed waiver!
2. All Players MUST wear full equipment, including Helmet, Shoulder Pads, Arm Pads, Gloves, and a MOUTHGUARD.
3. Teams MUST wear their assigned Empire reversible jerseys for all games. Players will not be permitted to play without their Empire Reversible.
4. Play is 7vs.7. Each team will have 1 Goalie, 2 Defensemen, 2 Midfielders, and 2 Attack on the field at a time.
5. Each team should have a minimum of 12 players on their team.
6. The games will consist of two 22 minute halves (running time) with a 2 minute half time. The game clock WILL start on time!
7. In the event of a tie, a Braveheart will be used to determine the winner.
8. Each team will have one (30 second) time out per game. Timeouts may be called anywhere on the field as long as you have possession, or during a deadball.
9. Face-off's will only occur at the beginning of each game and the start of the second half.
10. Following each goal, the goalie will restart play by out-letting the ball.
11. Penalties will not be served for time but will result in a fast break for the non-fouling team.
12. Only 2 long poles are allowed on the field at one time.
13. There is no Substitution Horn! All substitutions must occur on the fly.
14. The ball is playable off of all surfaces.
15. If the ball leaves the field of play it will be awarded to the opposite team unless it was a shot; then the team closest to the ball will be awarded possession.
16. NO LOWERING THE SHOULDER ON CHECKS.
17. All other rules of the game will follow NFHS rules.